



UCD School of Medicine
Scoil an Leighis UCD

Concussion

An Overview in Amateur Sports

ONLINE | €200 | 2.5 ECTS



MICRO
CREDS

OVERVIEW

Concussion awareness is rightly gaining more attention within the media; but do you feel equipped with the knowledge of how to deal with concussion if you, your players or friends receive a concussion?

This micro-credential is designed for those involved in amateur sports who want to learn more about concussion, what warning signs to watch out for, how to spot it and how to help a player in the post-concussion phase.

WHAT WILL I LEARN?

- 01 Recognise the signs of concussion
- 02 Explain the importance of removing players from play
- 03 Know how to apply the return to play guidelines
- 04 Understand the expected course of concussion
- 05 Recognise the importance of a safe return to play post-concussion